• To schedule a screening at a PSC, in the **Wellness Screening** section, under **Patient Service Center**, select the green **Schedule a Screening** button





Hello, Sample Participant

Schedule an Appointment My Account Contact Log Off



To get started, select an appointment method below.

Patient Service Center

Schedule a screening at a nearby Quest Diagnostics location.

Schedule a Screening >

Physician Results Form

Download a form that your health provider completes with your recent test results.

Order Form ▶

At an Event

Attend a wellness event at work or a location designated by your organization.

Make an Appointment ▶

At-Home Test

Collect your own screening specimen in your home using the Qcard™ Dried Blood Spot method.

Order Materials >

Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the <u>stories of their lives</u> with the information gained from screenings.

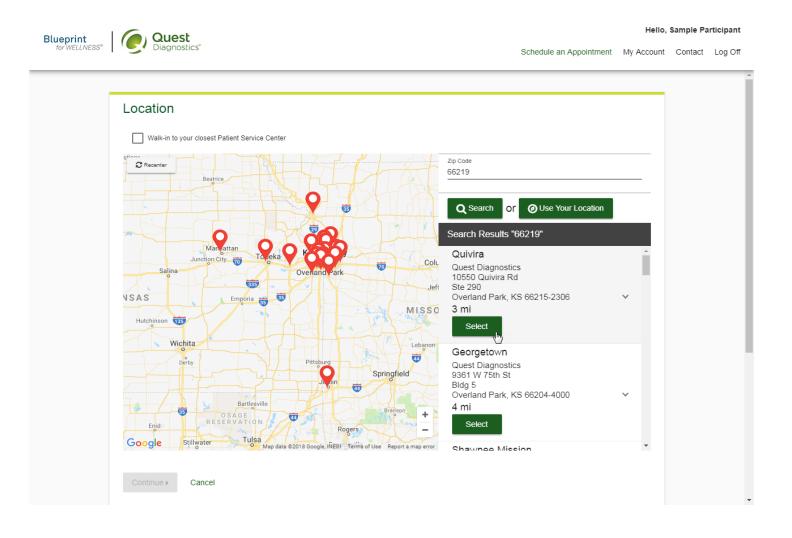
Did insights from your screening help you transform your health?

Tell Us Your Story ▶

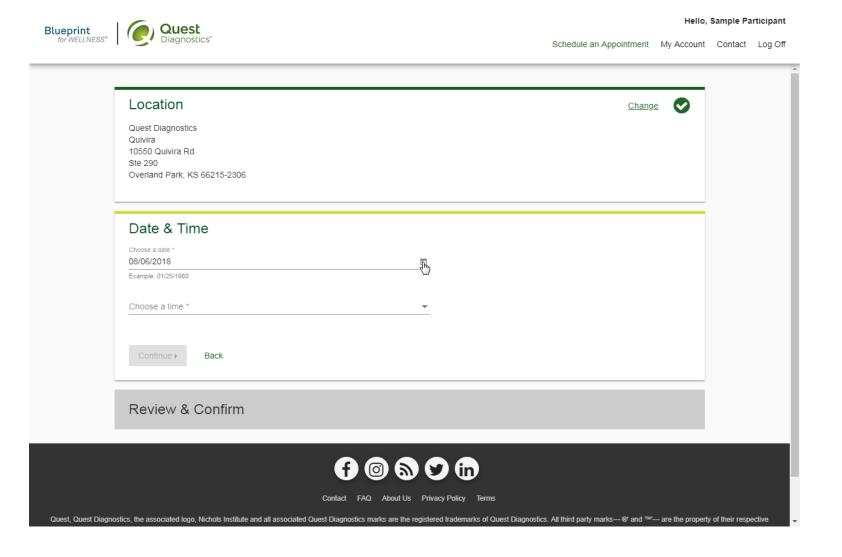




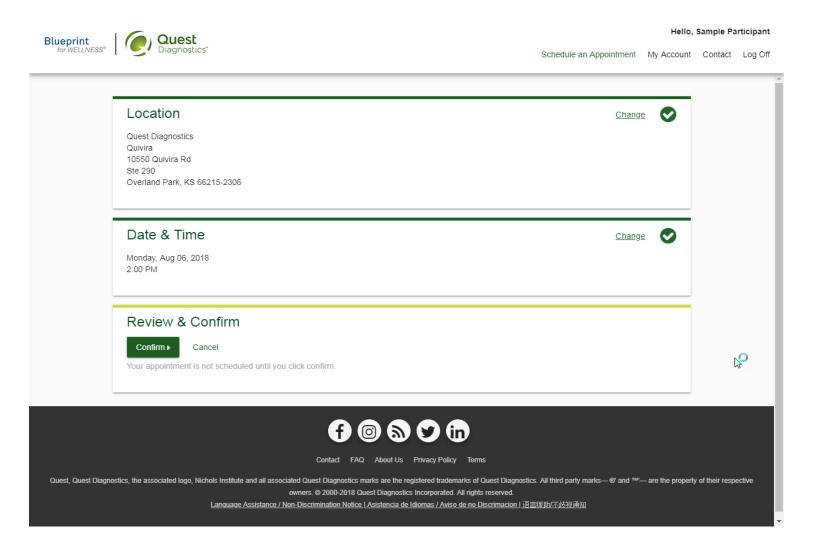
- Select the Quest Diagnostics PSC location where you'd like to complete your screening
 - Note: To search for PSC locations in other areas than your home zip code, simply change the zip code
- Select the **Continue** button



- The first available date will populate in the Date field; you can click the calendar icon to choose a different date
- Select the Time you would like to complete your screening
- select the **Continue** button



- · Verify that all the appointment details shown on the screen are accurate
- select the Confirm button
 - NOTE: Your appointment is not scheduled until you select the green Confirm button



- Once your appointment has been scheduled you will arrive at the Confirmation screen
- select the green Back to Dashboard link to return to the dashboard

Hello, Sample Participant

Dashboard My Account Contact Log Off



Thank you, Sample

Your wellness screening has been scheduled at the below Patient Service Center.

Patient Service Center

Quest Diagnostics Quivira 10550 Quivira Pd

10550 Quivira Rd Ste 290

31E 23U

Overland Park, KS 66215-2306

Monday, Aug 06, 2018 2:00 PM

More Location Information

Near I435/Quivira.

Back to Dashboard ▶

Prepare For Your Appointment



Drink plenty of water prior to your appointment



Continue to take all medications as prescribed by your healthcare provider



Do not eat or drink anything, except water, for 9-12 hours prior to the blood test

For questions, contact the Health & Wellness Service Center: 855.623.9355

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Additional Information

To get the most accurate glucose reading, we recommend you fast 6-9 hours prior to your screening. Fasting means that you have not had anything to eat or drink which includes (but not limited to) coffee, energy drinks, soda, cough drops, breath mints, or gum. Please drink at least 16 oz. of water the day of your screening. Please remember to take your medications per your doctor's recommendations.



- On the dashboard, you will be able to see your scheduled appointment
- · You can select the green Download to Calendar link to add the appointment to your calendar
- If needed, you can also use the green buttons to cancel or reschedule your appointment
- selecting the **Need more appointment information?** link will take you back to the appointment confirmation page





Hello, Sample Participant

Dashboard My Account Contact Log Off



Why You Should Participate

Completing a screening gives you the knowledge you need to identify your health risks and transform your health.



Transform your health

Biometric screening results can provide powerful insights into your health and risks you may not currently recognize. See how these screening participants changed the <u>stories of their</u> lives with the information gained from screenings.

